



Mindset Mastery (A Deep learning)



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Thanks for downloading this e-guide!



Hi, I'm Maurya SN, author & career coach, an alumnus of BITs Pilani and IIM Bangalore with 27 + years of Professional Journey, being a spiritually grounded minimalist.

Now I'm on a mission to help 100,0000 Students to become SuperAchievers by my S.M.E of Goal Framework. Also I authored the Level ++ Book on Career Planning & Success Mindset Blueprint.

I firmly believe that that India can become a Super Economy power by creating & nurturing more core Professionals & Entrepreneurs.

In this guide you will learn key attributes of Mindset .



Positive v/s Negative Mindset

Positive vs. Negative Mindset

Positive Mindset:

- ✓ Sees opportunities, focuses on solutions.
- ✓ Views challenges as stepping stones.
- ✓ Builds optimism, resilience, better health.

Negative Mindset:

- ✗ Dwells on problems, limitations.
- ✗ Complains, procrastinates, fears change.
- ✗ Drains energy, hampers success.

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Growth v/s Fixed Mindset

Growth Mindset:

- 🌱 Believes that abilities can be develop through effort.
- 🌱 Embraces failure as learning.
- 🌱 Encourages continuous learning.

Fixed Mindset:

- 🔒 Sees abilities as unchangeable.
- 🔒 Avoids failure and feedback.
- 🔒 Limits personal and professional growth.

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Abundance v/s Scarcity Mindset

Abundance Mindset:

- 💡 Believes there's enough success for everyone.
- 💡 Encourages generosity and collaboration.
- 💡 Inspires creativity and gratitude.

Scarcity Mindset:

- ⚠️ Feels resources (time, money, opportunity) are limited.
- ⚠️ Drives competition, fear, and hoarding
- ⚠️ Often rooted in past negative experiences.

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Practice to achieve Mindset Mastery

- Reflect on your current thinking , beliefs , actions & response patterns.
- Make a daily tracker on your tiny actions and responses aligned to desired mindset.
- Be consistent to practice , observe and adapt .
- Keep a good company of people who you want to become alike.
- Follow your role model /achievers on Social Media , Read their autobiographies.

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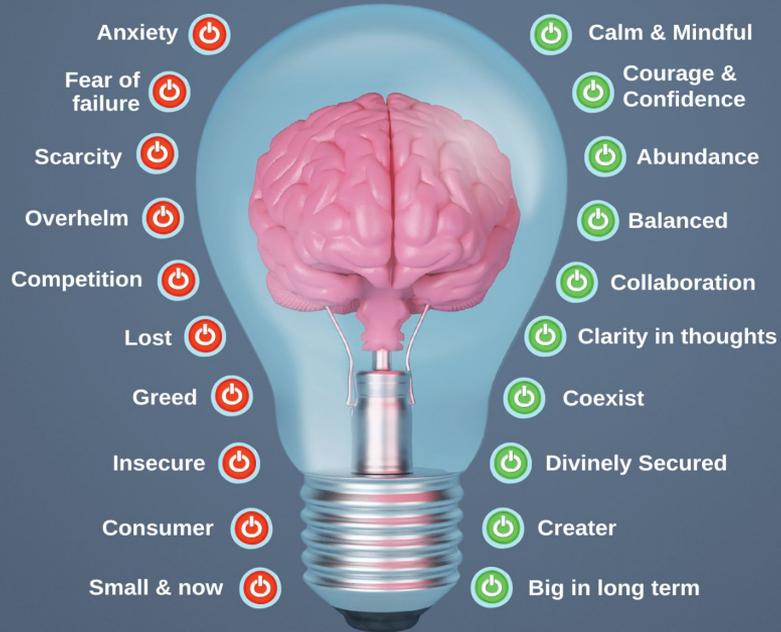
MIND PERFORMANCE TRIGGERS

Shift from Limiting to Empowering Beliefs

STRUGGLERS



SUPERACHIEVERS



Level++ Career Hub

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MINDSET SHIFT

STRUGGLERS

SUPERACHIEVERS

Distracted

Focused

Interested

Committed

Wishful

Desire

Externally driven

Self driven

Lost

Clarity in thoughts

Short Term

Long term

Dreamers

Dreamers & Doers



I invite you to be part of a great mission
& an exciting Journey

Lets get there !!

Let us Meet 1-On-1

Book a Slot now!